



Newsletter 18th September 2019

Week 10 Term 3

"Inspiring learning for a better world."

75 Lorrimer Street Oakey 4401

Ph: 0746911067

Email: oakey@twb.catholic.edu.au



Year 3

Thank you to the year 3 class for another great term. Last week we visited the CWA residents, this was a highly beneficial experience for the students. It was fantastic to listen to the conversations shared between the students and the residents.

There has been some great progress across the subject areas this term. A special mention to those who have achieved their reading goals. I hope you have a safe and enjoyable holiday, see you all next term.

Mr Duncan



APRE

Jesus was an incredible story teller, using parables to get his message across. He had the knack of explaining to his diverse audience the nature of God by using examples from their own life experiences. He was a gifted teacher. On Sunday, the Gospel reading from Luke (15:1-32) included the parables of "The Lost Sheep", "The Lost Coin" and "The Prodigal Son". Each of these parables is used by Jesus to explain how God never gives up searching for the 'lost' and of His unending capacity for forgiveness. Here at St Monica's, we teach the children about the Gospel Values of forgiveness and the importance of reconciliation. There are times when we feel we have been wronged, or times when we have experienced disagreements with one another. It is important that we seek to be reconciled and extend forgiveness.

We have heard from Mr Barrett, who has arrived back in Australia safe and sound from his trek in Papua New Guinea. He will return to school after the holidays and we look forward to hearing all about his experiences along the Kakoda Track.

On Monday, I had the opportunity to attend the Year 4 camp at Highfields for the evening. It was wonderful to hear from the camp staff on my arrival, how well-behaved, well-mannered and polite our Year 4 students had been. We had a fantastic evening sharing a meal, a bush dance and a prayer liturgy around the theme of "Gratitude". I would like to express my gratitude to Mrs Kaylene Bruggemann and Ms Jenny Brady for giving up their own time to attend camp. Camps are a fantastic opportunity for the students to grow and develop, as well as having some new experiences as a group. They take a great deal of planning and organisation, as well as the responsibility of taking away a large group of students, so thank you to all the staff involved in the Year 4 camp.

Miss Keleher and Mrs Bruggemann have been planning and organising the Year 5/6 camp to Brisbane next term. Notes have gone home that include a rough outline of their itinerary and accommodation details. It looks like it is going to be a fantastic camp, with students visiting many places of historical, religious, political, scientific and sporting significance in Brisbane. Thanks to Mrs Bruggemann and Mrs Keleher for their organisation of this camp.

On Monday morning, we had some fun on parade with Mrs Ah Quay to help her celebrate a particularly significant event in her life. On Monday evening, Mrs Ah Quay was presented with her Australian citizenship. To help Mrs Ah Quay celebrate we gave her some 'Aussie-themed' gifts including; vegemite, thongs, cork hat, tomato sauce, BBQ apron, beach bag and her very own Australian flag.

Each year, hundreds of thousands of people, from all over the world, are forced to leave their country of birth. Whether it is to flee war and persecution, famine and poverty or to seek work, it is not a decision people take lightly. The journey can be fraught with difficulties, and often holds no guarantee of safety on Australia's shores. In celebrating Mrs Ah Quay's citizenship, let us also pause to remember those who are awaiting their chance to live in 'the lucky country', Australia, in detention centres or refugee camps around the world.

Lord,

No one is a stranger to you

and no one is ever far from your loving care

In your kindness watch over refugees and asylum seekers,

those separated from their loved ones, those who are lost,

and those who have been exiled from their homes.

Bring them safely to the place where they long to be,

and help us always to show your kindness to strangers and those in need.

Australian Catholic Social Justice Council

https://www.ncca.org.au/images/newsletters/2017-02/Day_of_Prayer_and_Fasting_for_Refugees_and_Asylum_Seekers_Individual_and_Group_Reflection.pdf

I would like to wish everyone a safe and happy holiday and I look forward to seeing you all in Term 4.

God Bless

Lisa Cavanagh

Acting Principal

Teacher Talk

Prep

Welcome to the last week of Term 3! Well done to the Preppies on an excellent term and their consistent effort in classroom learning. It has been excellent to witness their improvement and their dedication to their learning.

I hope you all have a wonderful break and travel safely.

God bless,

Mrs Ayden-Skye Ah Quay



Year 1

Students have worked very hard this term and are nearly ready for a well-earned holiday at the end of next week. Students have been working on strategies to use for simple addition and subtraction facts, applying capital letters to proper nouns and the start of sentence and concepts of changes in time and space. We have been on a church search to identify and name objects in the church and then using our knowledge created our own three-dimensional church.

I hope everyone has a wonderful holiday. The children have worked hard and been very busy. They will enjoy the rest!

Mrs Chris Conneely

Year 2.

The students have had a very busy term. I am very please with the way all the Year Two's are progressing, they are putting in 100% effort in all areas of school life.

Please remember to continue reading over the holidays and those still on sight words need to keep practising these as well. Reading is easier if we can recognise these sight words, as they makeup most common words found in children's texts.

Some of your children need to stock up on their stationary, particularly colouring pencils. Please check with your child. They DO NOT need lead pencils or rubbers. ALL STUDENTS NEED TO BRING IN A GLUE STICK (The UHU glue is the best brand.)

I wish you all a safe, happy school holidays and enjoy the break from the school routine. I look forward to seeing you all in Term Four.

God Bless.

Mrs. Anderson.

Teacher Talk

Year 4/5

It is very hard to believe we have come to the end of Term 3. It has certainly been a very enjoyable and action packed term and I congratulate the students on their many achievements. Last week the Year 4/5 students worked with great enthusiasm to complete their "How much love can you fit in a shoebox?" project. This required the students to use their financial, budgeting and shopping skills, as well as creativity, to produce their 'boxes of love', which contain all sorts of goodies that will be donated to refugee children in the Toowoomba region. It has been a really worthwhile project that has enabled the students to connect with their learnings in Maths, HaSS and Religion, whilst reaching out to other members of the community who are less fortunate. I would like to thank our parents for supporting this project.



The Year 4 students have had an incredible couple of days on camp and I know the Year 5s are very much looking forward to the Year 5/6 camp in November. I would like to take this opportunity to wish you all the very best for a safe and relaxing Spring holiday and I look forward to seeing you in Term 4.

Mrs Kaylene Bruggemann

Year 5/6

It is hard to believe that Term 3 has come to an end already. It has been a busy term in which the students have been working hard to reach both their academic and behaviour goals. It was great to see students pride and effort towards their school work increase as the term went on.

Next term has some exciting times ahead including camp in Week 5 and then the Year 6 students graduating in just 9 short weeks. Students should use these holidays to rest up, relax and enjoy family time ready for an action packed Term 4. Enjoy and have a safe break!

Kaylene Keleher

STUDENT PROTECTION CONTACTS

Every school has student protection contacts who act as a point of call for reporting, advice or information. These people are provided with training each year.

At St Monica's, the student protection contacts are:

Kaylene Bruggemann

Cheryl Anderson

Susan Rodd

The school principal is also able to provide assistance for any students or members of the school community. You will notice posters around the school making everyone aware of who the contacts are.

UPCOMING EVENTS

September 2019

Thurs 19th Sept	Charlotte's Web Excursion
Thurs 19th Sept	Special Lunch-Sausage Sizzle
Thurs 19th Sept	Last Day of Term 3

October 2019

Tues 8th Oct	First Day of Term 4
Mon 21st Oct	Pupil Free Day
Fri 25th Oct	World Teacher Day
Thurs 31st Oct	Beersheba Day

November 2019

Tues 5-8th Nov	Year 5/6 Camp
Mon 11th Nov	Swimming Lessons
Tues 12th Nov	Swimming Lessons
Fri 22nd Nov	Swimming Carnival
Thurs 28 Nov	Bushdance

December 2019

Wed 4th Dec	Year 6 Graduation Mass
Fri 6th Dec	Final Day 2019

Don't forget to order your Tuckshop through

Flexischools.

Orders must be in by 7.30am Monday.

Thank You to Claire & Val Lawrence for volunteering their time to make the Tuckshop available to our students. If anyone would like to volunteer please leave name at the office.

Weekend Masses

St Monica's Parish

1st, 4th & 5th Sunday – Saturday Vigil 6.00pm

2nd Sunday – 8.00am

3rd Sunday – 8.00am Celebration of the Word & Communion

Our Lady of the Annunciation, Peranga

2nd Sunday – 10.00am

4th Sunday – 10.00am Celebration of the Word & Communion

Oakey: Saturday 6pm

Peranga: Sunday 10am

SuperLEARNers Week 8 & 9



P & F Notes

Thank you to all who have placed orders for the Tote Bags.

Make sure your child/children have given you a copy of the Artwork before you make your order. Please return your order with your payment of \$20.00 as soon as possible so we can ensure they are back before the end of the school year.

Special Lunch tomorrow Thursday 19th

Please Note **TUCKSHOP** will **NOT** be in operation the first week of Term 4.

If anyone would like to put their name forward as a volunteer for a day helping on Tuckshop please inform the office of your availability.

REMINDER: Please if you are making a purchase from the Bernborough Hardware remember to mention St, Monica's School and the loyalty programme they have on offer for our parents, this comes back to the school through a points system and the school benefits.

Next P&F Meeting

Monday 14th October 6.30pm in Parish Meeting Room. Everyone is welcome to attend.

Uniform Shop



St Monica's Second hand Uniform shop

Everything currently \$5 each

Available Thursday and Friday by appointment only

Please contact

Tricia 0408 675 945 (prefer text)

St Monica's Netball

Last week the Years 5 and 6 girls participated in an Interhouse Netball Competition. The first match between Kokoda and Fromelles saw Kokoda triumphant in a close encounter. The following day Bersheeba took on Fromelles and they also enjoyed a narrow victory. This set up an exciting final match between Kokoda and Beersheeba to decide our champion team. Kokoda got off to a great start and held a significant lead at half-time. Whilst Beersheeba fought back to win the second half, Kokoda were too good on the day, winning the match and taking out the overall championship. Well done to all of the girls who participated with great enthusiasm!

Horse Sports

Congratulations to Bella Anderson on being awarded the Interschool Equestrian Queensland Spirit Award. This certificate and medallion was sent to us at school in recognition of Bella's sportsmanship throughout the Queensland Titles. Great sportsmanship is a fantastic award to receive, well done Bella.

We wish Bella all the best as she attends the Interschool Equestrian National Titles in Sydney over the school holidays. Best of luck to Bella and her horses Leo and Stella.



Congratulations Zane Renyard on achieving the Reserve Champion at the recent Goondiwindi Horse Sports Day.

Representing St Monica's on Friday 6th September Zane tried so hard with (5) 1sts, (2) 2nds, and (1) 3rd to qualify for the Reserve Champion for the carnival.

Well done Zane!





FREE - HEALTHY LIVING ON A BUDGET PROGRAM

A SIX WEEK PROGRAM
FOR AGES 18 - 80

- healthy eating
- cooking demo
- vegetable garden
- goal setting
- motivation
- physical activities
- supermarket shopping
- budgeting
- practical and interactive sessions



REGISTER TODAY!

OAKEY
OCTOBER 2, 2019

- Email: admin@ahdiabetes.com.au
- call: AH Diabetes - 07 4646 2530



The whole school will be attending Charlotte's Web on Thursday 19th September, 10am session. This will be a whole school excursion at no cost to parents. Scifleet buses will generously transport Prep to Year 2 to the Cultural Centre.

Extra tickets are available to purchase (cash only) at the information centre at the Oakey Railway Station.

\$5.00 per child and \$10.00 per adult.

BY ARRANGEMENT WITH ORIGIN™ THEATRICAL, EXCLUSIVE REPRESENTATIVES OF
THE DRAMATIC PUBLISHING COMPANY of Woodstock, Illinois

Charlotte's Web


Based on the book by E.B. White
Adapted by Joseph Robinette

*The unlikely friendship between
wide-eyed innocent pig Wilbur and the
worldly, wise spider Charlotte...*

Wednesday 18 Sept, 6pm
Thursday 19 Sept, 10am

Oakey Cultural Centre

Tickets Available from
empiretheatre.com.au | 1300 655 299



The Regional Arts Development Fund (RADF) is a partnership between the Queensland Government and Toowoomba Regional Council to support local arts and culture in regional Queensland.

Be Well @ St Monica's

Let's Get Physical



We all know the importance of physical activity, but you don't have to run a marathon or sweat it out in the gym, you just have to get moving. Incidental exercise is any small movement that accumulates throughout the day, resulting in an increased level of daily physical activity. Participating in Steptember has certainly given the St Monica's staff a greater awareness of the need to increase physical activity and the simple ways this can be done. It's all about choices – why not try some of these ideas:

- . take the stairs instead of the lift or elevator
- . walk or cycle instead of driving, where possible
- . play with your children, rather than watching them
- . park further away from the shopping centre's doors
- . move or stretch while watching TV
- . get an app on your phone or a fitbit as an activity tracker
- . walk to see your colleagues, rather than emailing or phoning them
- . ditch the remote and walk to the TV when you want to change the channel
- . instead of meeting your friends at a coffee shop, why not catch up for a walk and talk.

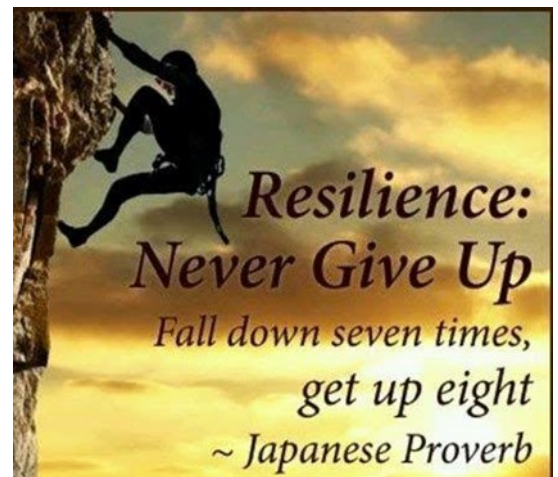


Mind Matters



Resilience is the ability to bounce back from adversity, failure, stress, challenges and trauma. It is a skill that needs to be developed in childhood, as it helps children to learn coping skills and find solutions to problems. Learning from setbacks helps children to become stronger and empowers them to prepare for future challenges. Some ways you can help to develop resiliency in your children are: expose them to challenges that require them to go outside their comfort zone, and to persevere and apply different strategies; guide and support your child to solve problems, rather than jumping straight in to fix things for them; talk about the lessons to take from setbacks and disappointments; model resiliency by demonstrating coping skills; look for the silver lining in situations, as optimism and resiliency go hand in hand; acknowledge that all feelings and emotions are important and reassure them that negative emotions usually pass.

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In challenging times, help is just a phone call away! Who can you call 24/7?

Lifeline 131114, Kids Help Line 1800 551800, Beyond Blue 1300 224636