



Newsletter 16th October 2019 Week 2 Term 4

"Inspiring learning for a better world."

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## Year 4 Camp



In the last week of Term 3, the Year 4 students enjoyed an overnight camp at Koojarewon, Highfields. We had a fabulous time and the students participated enthusiastically in all of the activities. The camp staff complemented our students on their behaviour, sportsmanship and teamwork. On the way home from camp we visited the Highfields Pioneer Village, where we stepped back in time and watched a sheep shearing demonstration and enjoyed some billy tea and damper.



## Principal's Page

Welcome back for term 4. I hope that you all had an enjoyable break. We have another great term ahead of us and I'm looking forward to finishing off what has been an excellent year at St Monica's.

I'm fully rested up and have recovered from my trek along the Kokoda Track. It was a truly enjoyable and exciting adventure, something that I have wanted to do for a very long time. It was an absolutely incredible experience to be able to walk in the footsteps of our World War Two diggers (AIF and Militia alike) and to remember and pay respect to their sacrifice at the number of remote Track-side memorials.

At the end of Term 3, we received back our individual and school NAPLAN results. Overall our Year 5's achieved 100% improvement on their Year 3 results. This is the third year in a row of 100% improvement for St Monica's. Well done to our Year 5's.

With the release of these results, we have started to investigate the results to identify some of our key areas of focus for 2020. Last week Dr Judy Smeed (Educational Consultant) spent some time with the staff to analysis our NAPLAN results and we have identified a number of areas in which we have had sustained improvement over the past three years – Reading and Writing.

Throughout last term, Dr Judy Smeed has also been working with the school in her other role as a Strategic Plan consultant. Judy has spent a number of meetings with the School Board, staff and I to put together our 4 year Strategic plan based on the School Renewal & Improvement from this year. We are putting together the final components of this plan and will be aiming to have it released for the 2020 school year. The Strategic Plan will be our central document which will be used to inform our annual plans and priorities over the next four years. I'd like to thank the staff, school board and Dr Smeed for their assistance in piecing this plan together.

We have commenced our staffing plans for 2020 and over the coming weeks, I'm aiming to have all classes and teachers assigned to their 2020 classes. At this stage we are looking at having a total school enrolment over 150 which is great for the future growth of the school. As soon as all plans are finalised, families will be informed of classes and teachers. On Tuesday, Mrs Ah Quay, Mrs Ruge and I, interviewed the first of our 2020 Preps. It was great to meet and welcome a number of siblings to our school and five new families to St Monica's. Our interviews will continue next week.

On the PE front, we have managed to secure a Sporting School grant and we have booked in to have the ANZ Tennis Hot Shots program run. The students will participate in a 6-week tennis program with myself and coach Mr Beutel. This grant has enabled the school to add to our sporting equipment with 6 mini tennis nets, a class set of racquets and dozens of tennis balls.

Regards

Mr Luke Barrett

Principal



# APRE

Welcome back to Term 4! I trust everyone had a relaxing break. This term is shaping up to be an extremely busy one.

This week, we are welcoming two former St Monica's students, Jack and Bailey, now attending Downlands College, as they participate in a social justice program. The boys will be working with Mr Coombs in the school grounds.

## Sexual Health Lessons

In Week 3, all classes will be conducting the Sexual Health Lessons. Information on the content of these lessons has been sent home with each student, along with the acknowledgement form for parents to sign. Please return these forms as soon as possible. If you have any questions or concerns about the content of these lessons, please don't hesitate to contact your child's class teacher or myself to discuss.

## Daniel Morcombe Fun Run

Next Friday, 25<sup>th</sup> of October, we will be participating in the Day for Daniel Fun Run. Information packs have been sent home to parents about fundraising (all completed online – no money is to come into school). The fun run will take place on the oval from 2pm with all students receiving a Quelch ice-block at the completion of their run. Parents are most welcome to come along to watch. Students are invited to wear red clothing (reminder to wear sun smart clothing) along with their school hats on this day.

## World Teacher's Day

World Teacher's Day is celebrated on Friday the 25<sup>th</sup> of October. At our school, we have an incredibly hard working and dedicated group of teachers. Next Friday is an excellent opportunity for families to say 'thank you' to the teachers of our school.

## Catholic Mission Week

In Week 4, 27<sup>th</sup> October to 1<sup>st</sup> November, we celebrate Catholic Mission Week. During this week, classes will be learning about some of the wonderful work being done around the world by Catholic Mission. As a way of supporting this outreach, on Friday the 1<sup>st</sup> of November, we will have a "Crazy Sock Day". Students will be invited to wear their craziest socks, bringing along a gold coin donation to go to Catholic Mission to help them "Sock it to Poverty".

Our next whole school Mass is on Thursday the 31<sup>st</sup> of October for All Saints Day. Mass begins at 9am and everyone is welcome to attend.

God Bless

Lisa Cavanagh

APRE



**Monday**  
**21st October**

# Teacher Talk

## Year 3

Welcome to week 2.

This week we have been exploring Australian poetry. Students were invited to bring in poetry that they or their family were familiar with. We listened to the poems and worked to identify the features of each. We recognised rhyme as well as Australian slang which is a great starting point as we continue to deconstruct this genre.

**Mr Callum Duncan**

## Year 4/5

I hope you had a restful and enjoyable holiday! It has been great to see the students return with great enthusiasm, for what will be a very busy and exciting Term 4. The Year 5's are certainly looking forward to Camp, which takes place in Week 5.

This week in English, we have been looking at humorous poetry and poetic language features, whilst in Maths we have been consolidating our understanding of fractions. In Religion we have been learning about Psalms and in Science, we completed an observation to identify the changes that had occurred to various materials.

**Mrs Kaylene Bruggemann**

## Year 5/6

Welcome back to Term 4, our final term for the year. It is going to be a very busy term starting with Day for Daniel, camp, swimming, Year 6 transition day and various other events before we bid farewell to our Year 6 students as they move on to High School next year.

This term within the classroom there is a focus on kindness and how it can be demonstrated in various ways, not only towards each other but towards ourselves and the environment. This ties in with our English unit where we are looking at sustainability and how we can care for our common home. Within HaSS we will also be linking to this as we investigate what it means to be a global citizen.

I am looking forward to an action packed term with the Year 5/6 class and am excited to see all that they will achieve in their final weeks of Year 5 and Year 6.

Reminder that next Monday, 21st October, is the CTJ pupil free day.

**Miss Kaylene Keleher**

**Monday 21st October 2019**



## STUDENT PROTECTION CONTACTS

Every school has student protection contacts who act as a point of call for reporting, advice or information. These people are provided with training each year.

At St Monica's, the student protection contacts are:

Kaylene Bruggemann

Cheryl Anderson

Susan Rodd

The school principal is also able to provide assistance for any students or members of the school community. You will notice posters around the school making everyone aware of who the contacts are.

## UPCOMING EVENTS

### October 2019

Mon 21st Oct	Pupil Free Day
Tue 22nd Oct	Tuckshop
Tue 22nd Oct	Prep Interviews Continue
Fri 25th Oct	World Teacher Day
Fri 25th Oct	Day for Daniel Fun Run 2pm
Thurs 31st Oct	Beersheba Day
Thurs 31st Oct	All Saints Day Mass 9am

### November 2019

Tues 5-8th Nov	Year 5/6 Camp
Sun 10th Nov	School Family Mass 8am
Mon 11th Nov	Swimming Lessons
Tues 12th Nov	Swimming Lessons
Tues 19th Nov	Swimming Lessons
Wed 20th Nov	Swimming Lessons
Fri 22nd Nov	Swimming Carnival
Wed 27th Nov	Interhouse Ballgames Carnival
Thurs 28 Nov	Bush Dance School Sports Hall

### December 2019

Wed 4th Dec	Year 6 Graduation Mass
Wed 4th Dec	Interschool Ballgames Carnival
Thurs 5th Dec	Year 6 Transition OSHS
Fri 6th Dec	Final Day 2019

## **TUCK\$HOP**

### **TUE\$DAY 22ND OCTOBER**

**Don't forget to order your Tuck\$hop through**

**Flexi\$chool\$.**

**Order\$ must be in by 7.30am Monday.**

**Thank You to Claire & Val Lawrence for volunteering their time to make the Tuck\$hop available to our \$tudent\$.  
If anyone would like to volunteer please leave name at the office.**

### *Weekend Masses*

#### **St Monica's Parish**

1<sup>st</sup>, 4<sup>th</sup> & 5<sup>th</sup> Sunday – Saturday Vigil 6.00pm

2<sup>nd</sup> Sunday – 8.00am

3<sup>rd</sup> Sunday – 8.00am Celebration of the Word & Communion

#### **Our Lady of the Annunciation, Peranga**

2<sup>nd</sup> Sunday – 10.00am

4<sup>th</sup> Sunday – 10.00am Celebration of the Word & Communion

**Oakey: Saturday 6pm**

**Peranga: Sunday 10am**



## **Monday 21st October**

## **Tuckshop Tuesday 22nd October**

## P & F Notes

Thank you to our attendees who turned up for our October Meeting held Monday the 14<sup>th</sup>

Thanks for the caterers of the Special Lunch day, I am sure the students enjoyed something different for Lunch.

Tote Bags are all on order thank you to the 81 families who made purchases. We have some great artists across our school.

The P & F are having a mega Christmas Hamper Raffle: everything you will need for a Christmas Dinner. Donations for this would be greatly received the P & F will purchase a Ham and the Turkey. Tickets to be sold for \$5.00 let's make a huge effort and make it all worthwhile for one worthy winner. Donations can be left at the Office.

Book in the 28<sup>th</sup> November for our School Christmas Bush Dance. This will be the final social event for 2019, it will be great to see all families participate in this fun filled occasion. The band Ridgee Didge has been booked. Food, Drinks and Bar will be operating on the night. Let's dance the night away.

The P & F have made a donation to the school of \$10,000.00 to help provide new desks, bus for the 5/6 school camp and to replace our old schoolbag hooks.

All monies raised through the P & F does help the school keep up to date with equipment and maintenance.

There has been discussion about equipping the sports hall so that we do not have to depend on the Parish facilities, tables, cutlery, dishes, fridge, dishwasher etc. This is something that will be voted on at our next meeting which will be held on the 28<sup>th</sup> October, 2019. If you have any suggestions to put towards this we the P & F would love to see you at this meeting.

If you wish to put anything on the agenda please send it in to the school.

**REMINDER:** Please if you are making a purchase from the Bernborough Hardware remember to mention St, Monica's School and the loyalty programme they have on offer for our parents, this comes back to the school through a points system and the school benefits.

### Next P&F Meeting

Monday 28th October 6.30pm in Parish Meeting Room. Everyone is welcome to attend.

### Uniform Shop



St Monica's Second hand Uniform shop

Everything currently \$5 each

Available Thursday and Friday by appointment only

Please contact

Tricia 0408 675 945 (prefer text)

# School Equestrian

Results from the Interschool Equestrian Nationals that Bella attended as part of the Queensland team over the holidays.

The competition was held at the Sydney International Equestrian Centre. Bella competed in various phases of the Show Horse section, where individual placings and points were awarded for each phase.

She achieved an incredible result of 5th place, in the Overall National Primary School Championship.

Congratulations Bella!



Zane had fantastic results representing zone 4 for the PCQ State Championships held in Millmerran.

Monday PCQ formal State Championships Zane received 8th place overall in the state for under 10 years, he was the youngest rider all week at only 7 years.

Tuesday PCQ formal State Championships Zane received 6th place overall in the State for under 10 years on this day he also received a trophy for highest point scorer in zone 4 (huge achievement) there was only 4 kids out of 250+ riders to receive this trophy 🏆 also with this trophy he gets automatic entry in next years State Championships.

Friday Zane competed in the mounted games representing zone 4 team sports. Zane, Macey and one other team member received a few placings in the 17/U years, it was really tough competition, but they had lots of fun!

Saturday 12/10/2019 at Jandowae Zane received age champion in the under 10 years for dressage and show jumping.

Well done Zane!



During the Spring holidays, Cheyanne Whalley and her mare City Girl, competed at Pony Club Association of Qld State Championships. On the first day, Cheyanne took home Bronze in the Formal Gymkhana. On the second day she placed 10th in 12 years and under Sporting Gymkhana. On third day Cheyanne and City Girl won Gold in the Stockman's Challenge 12 years & Under. She made Queensland State Team and placed second in Zone Teams. Cheyanne also competed in the Australian Stockhorse Futurity, winning third place in the 12 and under class. To round off the holidays, Cheyanne and City Girl competed in three ACA Campdrafts - Oakey placed third, Cooyar 8th, and finally, Brymaroo.

Fantastic effort, with fabulous results! Congratulations Cheyanne.



**FREE EVENT**

**RURAL MINDS**

## Rural Minds Briefing

Join us to find out more about mental health and wellbeing in rural Australia

Rural Minds Briefing builds knowledge, understanding and confidence in participants about the promotion of mental health and wellbeing. The Briefing provides opportunities to identify and promote local pathways to support and clinical care.

**SPONSORED COMMUNITY EVENT**

## Oakey QLD Free BBQ

Thursday 17th October 2019. 12pm-1:30pm  
Riverina Oakey Mill – 9 Queen St Oakey QLD 4401

Registration: <https://www.eventbrite.ca/o/rrmh-25162715607>  
e: [shirreenmorgan@rrmh.com.au](mailto:shirreenmorgan@rrmh.com.au) m: 0407 319 741

This program is supported by funding from the Darling Downs and West Moreton PHN under the Australian Government's PHN Program And proudly supported by Riverina Oakey




facebook.com/RRMH/RuralMinds

twitter.com/RRMHmentalhealth

[rrmh.com.au](http://rrmh.com.au)

## Nags Rags & Roses

Your Local School Uniform Stockist



178 Bridge Street Oakey  
Phone: 46 912 311

## 2020 Intentions

A reminder to families if you are intending to move to another school for 2020, please inform the office as soon as possible.  
We need to have our student numbers finalised for 2020 by the end of this week.

## Pupil Free Day

Little Champions will be open for the Pupil Free Day on Monday 21st October. We are taking bookings now.



**Little Champions Child Care**  
"where every child is a winner"

## Redgum Term 4 Catalogue is NOW DIGITAL

The Redgum catalogue is now fully digital, saving time AND most importantly reducing our carbon footprint!

The catalogue is still packed full of fantastic books and games but rather than 32 pages of paper you have it all digital. Simply visit our website and download and view on your phone or computer - it's that easy. Enjoy!

SCAN THIS CODE FOR AN AWESOME MESSAGE FROM A LEADING AUSTRALIAN AUTHOR  
or go to our website [www.redgumbookclub.com.au](http://www.redgumbookclub.com.au)




[www.redgumbookclub.com.au](http://www.redgumbookclub.com.au)



## Oakey & District Amateur Swim Club

2019 - 20 Season

Meets Thursday nights at 6pm

Oakey Swimming Pool

Starts Thursday 10<sup>th</sup> October

All swimming levels welcomed, 25m, 50m and 100m lengths swim

Come join our fun, inclusive team in a friendly and supportive atmosphere - sausage sizzle and drinks available after each meet

oakeyswimmingclub@outlook.com

### Pittsworth Wildcats Netball Club

Skills and Game Play Program

6 weeks

Starting Monday 28th October

3.30pm

At Club Pittsworth Courts

Boys and Girls are welcome  
from Year 1 to Year 6

Register by email to  
pittsworthwildcats@hotmail.com

Cost \$60—includes a team shirt

Registration closes 21st October 4.00pm

Questions—Phone Deb  
on 0409 051 309 or  
email the club



Join us for the  
'Drought  
Buster'  
Breakfast



**OPTUS**

#### Guest Speakers

##### **Nick Channell**

Optus Territory General Manager  
Southern Qld

'In my years working within the  
Telecommunications Industry I have  
developed a strong passion for  
delivering the right solution for my  
customers.'

##### **Penny McKinlay**

Local Gardening Guru

'I am passionate about seeing our local  
community thrive and grow'

Tuesday 22nd October  
at the Pittsworth

Hotel Motel,

\$5 Members

\$15 Non Members

Sponsored by Optus

Registrations from

6.30am for a

7.00 am start

Bookings essential and can be made by phoning or  
texting 0481 353 055 or email  
[info@pittsworth.org.au](mailto:info@pittsworth.org.au)  
before the 18th October



# Be Well @ St Monica's

## Let's Get Physical



**Walking for a cause.** There are many significant benefits of walking, including reducing the risk of heart disease, stroke, high blood pressure and stress, boosting energy levels and mood and increasing social connections. There are many charitable walks that take place in our region and this has the added benefit of raising much needed funds for worthy causes. The St Monica's staff have just participated in Steptember, which raised funds for Cerebral Palsy, and this initiative has raised over \$6 million Australia wide. Upcoming events include:

25/10 - Day for Daniel Fun Run - St Monica's, supporting the Daniel Morcombe Foundation

26/10 - Hike for the Homeless - Jubilee Park Toowoomba, supporting Base Services

26/10 - Zombie Walk - Queens Park Toowoomba, supporting Toowoomba Hospital Foundation.

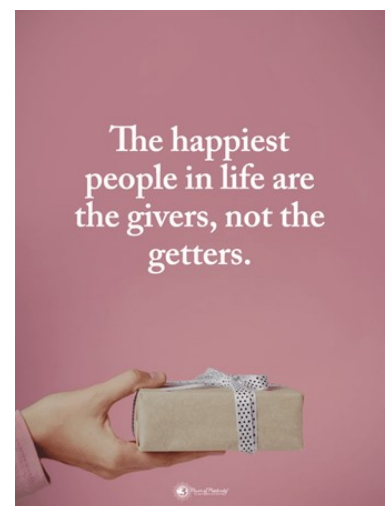
Next year, keep an eye for other fundraising walks, such as Peak to Park, Relay for Life, Million Paws Walk, Mother's Day and Father's Day classics, AEIOU Take a Hike and walks for MND, Heart Kids and Brain Cancer.

## Mind Matters



We generally think of volunteering as people giving up their time to benefit others, and whilst this is certainly the case, you may be surprised to know there are many significant benefits for the volunteers themselves. These include: increased satisfaction with life, thanks to a greater sense of meaning and purpose; increased happiness; improved physical and psychological health, including lower blood pressure and relief from depression and chronic pain; increased levels of oxytocin, resulting in a 'helper's high'; encouragement of positive relationships, due to increased social connection and a greater sense of belonging. Volunteering also enables adults to model positive qualities and values to children. These include compassion, empathy, selflessness, tolerance, respect and a willingness to reach out and make a difference to the lives of other people in their community.

Where can I volunteer in Oakey? Why not offer to help out in schools, sporting clubs, parkrun, Lifeline, St Vincent de Paul, hospital/nursing homes or Ozcare. For further information on volunteer positions available across Queensland, visit <https://volunteeringqld.org.au>



**In challenging times, help is just a phone call away! Who can you call 24/7?**

Lifeline 131114, Kids Help Line 1800 551800, Beyond Blue 1300 224636